Leaders on the Rise
Shaping Future Female Talent
www.ibec.ie/LeadersontheRise
Leaders on the

This highly interactive, engaging programme will enable female leaders to accelerate their leadership journey. The programme will focus on how to embrace a leadership role, find an authentic voice and proactively manage a successful career. Each participant will leave with a personalised action plan for their career and a strong understanding of how to be a dynamic leader.

The course will be an opportunity to network with other talented managers. The programme is delivered over four days. On each day participants are joined by well known, experienced female leaders who will speak about their own career highs and lows and what they have learnt along the way. Each participant will also receive two individual coaching sessions tailored to them.

This programme is for:
Those at management level who wish to accelerate their careers to the next level.

Programme features:
- Expertise
- 1:1 Leadership Coaching
- Guest Speakers
- Personalised Leadership Report
- Networking
- Applied Learning
Day 1: Where am I now?
- Self-awareness
- Understanding your strengths
- Importance of Impression Management

Day 2: Your role as a Leader
- Strategic thinking & planning
- Finding your voice as a Leader
- Managing Imposter Syndrome

Day 3: Building a Network you can Trust
- Communications & Influencing
- Networking for people who hate networking
- Boundaries: Home and Work Life Blur

Day 4: Culture, Change & Politics
- Organisational Behaviour
- Power & Influence
- The role of Mentors & Sponsors
Ciara Garvan
Ciara is a senior facilitator with Ibec Management Training. She has been involved in the Irish technology industry over the past fifteen years, holding senior roles in blue chip companies, such as Accenture, eir and Meteor.

Ciara regularly speaks and writes about issues relating to diversity in the workforce, in particular gender diversity. Ciara has a particular passion for supporting women in business and regularly hosts workshops aimed at women returning to the workforce.

Further Information

Duration:
4-day delivery
2 coaching sessions

Location:
Dublin City Centre

Dates:
Training dates:
Day 1: 5 March 2019
Day 2: 6 March 2019
Day 3: 26 March 2019
Day 4: 27 March 2019

Cost:
Ibec member rate: €2,300
Non-member rate: €2,500

To book:
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