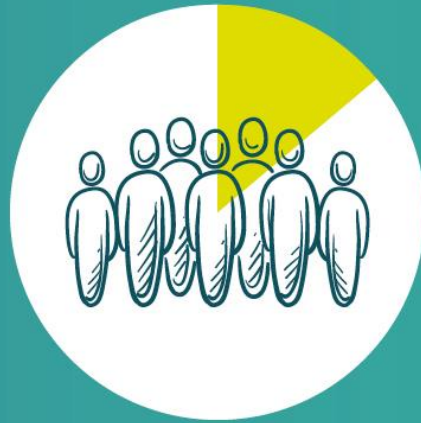


# Who answered the Wellbeing Survey?



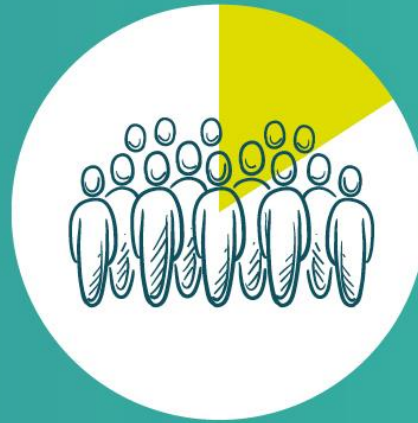
Less than 50  
employees

**53%**



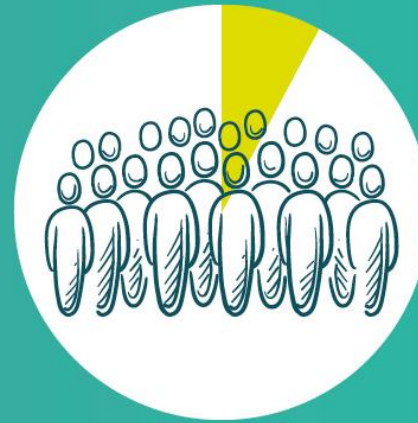
50-99  
employees

**14%**



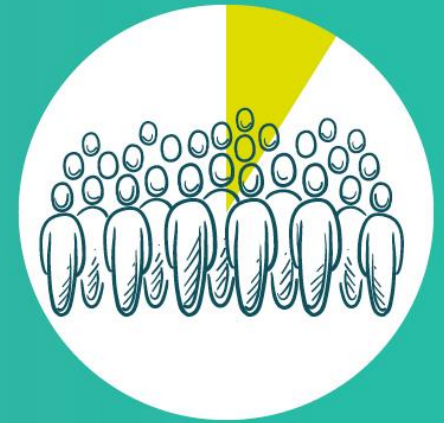
100-249  
employees

**16%**



250-499  
employees

**8%**



Over 500  
employees

**9%**

# Where does a Wellbeing Strategy fit in?



Support  
at senior  
leadership

**61%**



Dedicated  
team or  
individual

**44%**



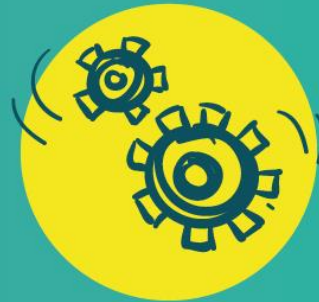
Comms  
plan for  
all staff

**44%**



Defined  
wellbeing  
strategy

**31%**



Aligned to  
strategic  
objectives

**30%**



Specific  
wellbeing  
budget

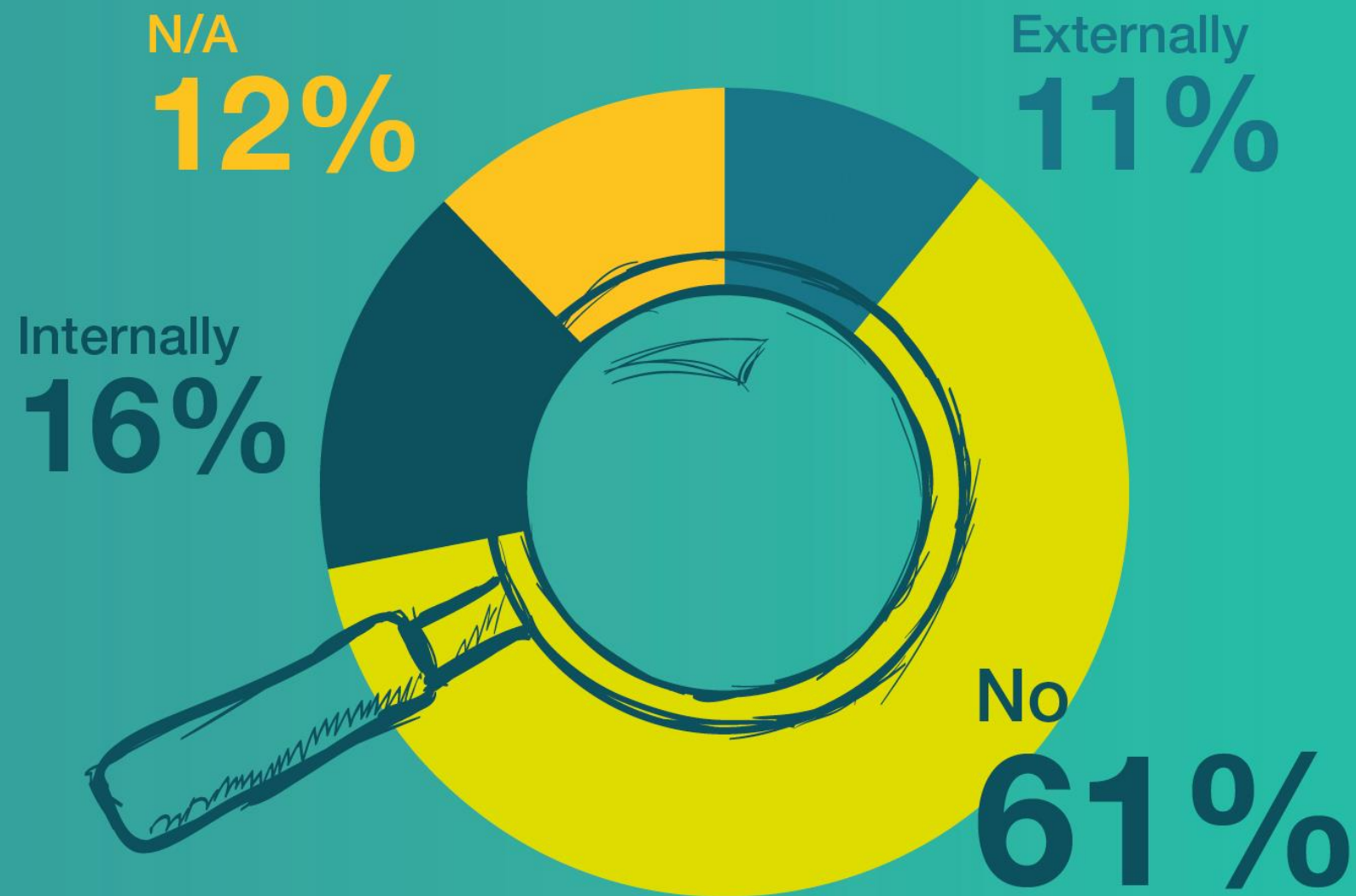
**27%**



Explicit  
in overall  
strategy

**26%**

Are the  
Wellbeing  
initiatives  
evaluated?





# How many Wellbeing initiatives are there in place in Irish businesses?



9



6



3

# What kind of Wellbeing initiatives do Irish businesses have in place?



Mental  
health  
supports

**61%**



Cancer  
treatment  
supports

**34%**



Better  
work/life  
balance

**33%**



Physical  
activity  
plans

**31%**



Improved  
sleep  
supports

**20%**



Menopause  
information  
& supports

**5%**



# What's next for Wellbeing in Irish businesses?

Next 12 months



Flu vaccination  
**24%**



Work/life balance  
**23%**



Mental health first aid training  
**22%**



Physical activity  
**21%**



Nutrition  
**20%**



Bike to Work  
**18%**



Within 2-3 years



Work/life balance  
**16%**



Physical activity  
**14%**



Mental health first aid training  
**13%**



Work post-pregnancy  
**13%**



Nutrition  
**13%**



Mental Health  
**13%**



#keepwellsummit20